

“ Making world-class leadership development available to all.

Resilient Leaders Elements (RLE™) Mission statement



RLE LEAD IN UNCERTAINTY™

Develop your capability to lead yourself and others, with a particular focus on leading in uncertain times.

Confident leadership

About RLE

Motivated by the paralysing affect the London bombings had on the people involved, we began our work on resilience in leadership in the 1990s.

We distilled our experience to identify four essential Resilient Leaders Elements (RLE™): Clarity of Direction, Resilient Decision Making, Awareness and Leadership Presence.

What you gain



Confidence and competence in your resilient leadership, in both cognitive and emotional factors



Knowledge of how to **lead yourself and others** through change and uncertainty



Understanding and application of the RLE™:

- **Clarity of Direction:** People know where they are going and why they are going there
- **Leadership Presence:** You have “presence” even when you’re not in the room
- **Awareness:** Everyone, including you, works at their best, resulting in higher productivity and motivation through challenging times
- **Resilient Decision Making:** You have the best chance of making good decisions when it really counts

Your commitment

- Participation in **six 90-minute online sessions** over three months with a group of 8-12 people
- Completion of work between sessions using the **online Resilient Leaders Development Programme (RLDP™)**

Course content

Self-assessment
360 assessment

Measure impact

Action
learning
sets



Element
sessions

Goals Development
Areas Strength
Mantra

Course structure

| | Orientation | Resilient Leaders Elements Exploration | | | | Completion |
|---------------------|--|--|---|---|---|---|
| | Week 1 | Week 3 | Week 6 | Week 9 | Week 12 | Week 13 |
| | Introduction | Clarity of Direction | Leadership Presence | Awareness | Resilient Decision Making | Impact Review |
| Session content | Introduction to the RLE™ Personal introductions Goal setting | Explore how you create a compelling vision with a realistic strategy, and how to engage others | Explore what it means to have "presence" even when you're not in the room | Explore how you and others work at their best, to generate higher productivity & motivation | Explore how you make great decisions at the right time, with the right people, in the right place | So what? Discuss your personal impact statements & make individual commitments |
| Individual learning | Complete RLA® and set up Feedback | Complete Mantra Work on your RLDP™ | Work on your RLDP™ | Work on your RLDP™ | Reassess RLA® Complete Personal Impact Statement | Honour your Commitments |

Find out more, book a chat with Anne: <https://bit.ly/3doubLs>

Book now: <https://bit.ly/LiU2020>

Who we are

Anne Birch

Anne has over 35 years experience as a public sector senior leader. She is an accredited coach/ coach supervisor and SOLACE Associate, specialising in executive leadership coaching across a wide range of public sector organisations.

Amy Birch

Amy has a PhD in neuroscience, specialising in the biology of learning & memory. She is a qualified coach practitioner, resilient leaders consultant, and researcher developer, specialising in supporting leaders in Higher Education